

## Medical Kit Contents - Drugs

<i>Type</i>	<i>Use</i>	<i>Active Ingredients</i>	<i>Product</i>	<i>Dose</i>	<i>Stocked</i>	<i>Notes</i>
Dietary absorber	Poinsoning	Activated Charcoal	<b>Charcoal</b>	2 capsules	100 x 260mg	Will absorb other medications
Antibiotic Oral Tablet	Vaginal/Urinary tract infections, Amebic Dysentery, Infections of Abdomen, Liver, Skin, Bones, Joints, Brain, Heart, and Pneumonia	Metronidazole	<b>Amebyl, Flagyl, Messeldazol</b>	500-750mg 2-3times/day for 5-10 days.	114 x 500mg	No alcohol until 24 hrs after last dose.
Antibiotic Oral Tablet	Cholera, Colitis, Diarrhea caused by bacteria, Giardiasis	Diiodohydroxyquinoline, Furazolidone, Homatropine	<b>Dialgin</b>	100mg 4x/day, <i>Children</i> : 25/50mg 4x/day	40 tablets	Can be crushed and mixed in corn syrup
Antibiotic Oral Tablet	Infections caused by bacteria, such as respiratory infections, skin infections, ear infections, and sexually transmitted diseases.	Azithromycin	<b>ZMAX, Z-Pak</b>	500mg initial followed by 250mg/day for 3-5 days	24 250mg tablets	
Antibiotic Oral Tablet	Sinusitis, Pneumonia, Ear Infections, Bronchitis, Urinary Tract Infections, and Infections to skin	Amoxicillin	<b>Amixicilina, Gimclav</b>	500mg every 12 hrs or 250mg every 8 hrs	30 x 875mg	
Antibiotic Oral Tablet	Traveler's Diarrhea	Ciproflaxin	<b>Bacproin, Clortory, Ciprofloxacino</b>	500mg 2x/day 10days	52 x 500mg	
Antibiotic Oral Tablet	Skin and Bone Infections, Prophylaxis in high-risk wounds like bites, deep or very dirty wounds, and open fractures, Respiratory infections, Urinary Tract Infections, Ear Infections	Cephalexin/Keflex	<b>Cefalaxina</b>	500mg 2-4x/day 7-10 days	120 x 500mg	
Antibiotic Oral Tablet	Infections of the respiratory tract, skin, and soft tissue, and peritonitis	Clindamyacin	<b>Clindamicina</b>	300mg 4x/day	32 x 300mg	

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Antibiotic Topical	Localized Skin and Eye Infections, Prevention of Wound Infections		<b>Bacitracin</b>	Clean affected area, apply small amount 1-3x/day	1oz	
Antibiotic Topical	Bacterial Skin Infection, Open Wounds, methicillin-resistant Staphylococcus aureus(MRSA)	Mupirocin	<b>Bactroban</b>	Apply small amounts onto affected area	15g	Do Not use for extended periods of time as resistance can develop
Antibiotic Eye Drops	Eye Infections	Neomycin, Dexamethasone	<b>GotaDex</b>	1 drop in each eye as needed	5mL	
Antibiotic Ear Drops	Ear infections	Ciproflaxin	<b>Phendex</b>	3 drops 3x/day	20ml	
Antibiotic Injectable	Infections of Respiratory Tract, Urinary Tract, Skin, Biliary Tract, Bone & Joints, and Genitals	Cefazolin	<b>Cefazolin</b>	Add 2.5ml Sodium Chloride solution to powder. Inject no more than 1g each dose	2g	Make sure there is No Particulate Matter in sodium chloride solution before mixing with powder!
Antibiotic Injectable	Pneumonia, Bacterial Meningitis	Ceftriaxone	<b>Trixona</b>	Dissolve 500mg-1g powder in 3.5ml 1% lidocaine solution	2g	Inject in deep tissue, Not in vein!
Antifungal Vaginal	Yeast Infections	Tioconazole	<b>Tioconazole</b>	1Tube	2 Doses	Directions are in the bag with the medication
Corticosteroid Oral Tablet	Severe Allergic Reactions, Inflammation, Asthma not responding to inhaler	Prednisone	<b>Medicorten, Prednisona Cortigen</b>	1mg/kg body wt up to 60 mg/day	130 x 5mg	Do Not Overdose, mild hallucinogen
Glucocorticoid Steroid Injectable	Anti-inflammatory, minimizes vascular collapse & shock due to poisoning and venomous creature-induced allergic reactions	Dexamethasone	<b>Alin</b>	8mg as needed (use like epinephrine)	3 x 8mg	Make sure liquid is Clear and contains NO particulate matter (the bottle is orange)

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Glucocorticoid Steroid Topical	Inflammatory skin disorders (Eczema and Psoriasis), Allergic Rhinitis (Hay Fever), Asthma	Mometasone furoate	<b>Elocon</b>	Apply small amounts onto affected area as needed	10g	
Steroid Topical	Skin rash, itching, inflammation from jelly fish stings, poison ivy, etc.	Hydrocortisone	<b>Hydrocortison Cream 1/2%</b>	Apply a maximum of four times a day to affected area for up to 7 days	1oz	
Antihistamine suppository	Seasickness, when patient can't hold anything down	Prochlorperazine	<b>Compazine</b>		12	not for children
Antihistamine Oral Tablet	Seasickness	Cinnarizine	<b>Stugeron</b>	25mg 1 hr in advance, 12.5-25mg every 8 hrs during journey	160 x 75mg	May cause drowsiness
Antihistamine Oral Tablet	Allergic Reaction	Cetirizine	<b>Cetirizine, Zyrtec</b>	1 tablet every 12 hrs as needed	20 x 10mg	
Hormone Neuro transmitter	Anaphylaxis	Epinephrine	<b>Epipens</b>	1 Pen as needed	2	Into large muscle (thigh)
Hormone Neuro transmitter	Anaphylaxis	Epinephrine	<b>Epinephrine Injectable</b>	.3cc	15mL	Inject into muscle
Bronchodialator	Asthma Attack, Relief of Bronchospasms	Salbutamol	<b>Albuterol</b>	1 puff as needed	4 x 20mg	
Muscle Relaxant Oral Tablet	Muscle Relaxor, Pain Relief	Metaxalone	<b>Skelaxin</b>	2 tablets 3x/day as needed	40 tablets	Take with food or milk
NSAID Oral Tablet	Pain Relief	Naproxen	<b>Naproxen loose these</b>	1 tablet 2x/day as needed	60 tablets	Always take with Food. Do not take if allergic to Aspirin!
NSAID Oral Tablet	Pain reliever	Piroxicam	<b>Zuparex</b>	20mg/day	100 x 20mg	Short term only. Not anti-inflammatory

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NSAID Topical	Pain Relief, Anti-Inflammatory	Benzydamine Hydrochloride	<b>Lonol</b>	Apply small amounts onto affected area as needed	60g	
NSAID Topical	Pain Relief, Anti-Inflammatory	Diclofenac	<b>Voltaren</b>	Apply small amounts onto affected area as needed	60g	
NSAID Injectable	Short term management of moderate to severe pain	Ketorolac	<b>Dolac</b>	30mg every 6hrs. 15mg age 65+	60mg	No more than 5 days
Analgesic Oral Tablet	Pain Relief, Fever Reducer	Acetaminophen	<b>Tylox</b>	1 tablet every 6 hrs as needed	60 tablets	
Opioid Oral Tablet	Pain Relief	Hydrocodone	<b>Hydrocodone</b>	1 tablet 4x daily as needed	100 tablets	May cause drowsiness
Opioid Analgesic Injectable	Severe Pain Relief when patient can't take oral meds	Butorphanol	<b>Stadol</b>	2-4mg(1-2cc)IM or 1-2mg(.5-1cc)IV every 3-4 hrs	2mg	No more than 120mg/day
Narcotic Analgesic Oral	Short term patient regulated pain control	Fentanyl	<b>Fentanyl Pops</b>	Adult: 600 microgram, Child: 200 microgram	2 pops	
Anesthetic Injectable	Numbing Agent	Lidocaine Hydrochloride	<b>Lidocaine 1%, Xylocaina</b>	Up to 10cc	100mL	Xylocain is 2%
Anxiolytic Oral Tablet	Acute anxiety, useful as adjunct to narcotics and NSAIDS for pain	Benzodiazepine Anxiolytic	<b>Lorazepam, Ativan</b>	1 tablet 3x/day as needed	40 x 1mg	Avoid with Primary Depression and Psychosis, Can be habit forming
Anxiolytic Oral Tablet	Acute anxiety, useful as adjunct to narcotics and NSAIDS for pain	Benzodiazepine Anxiolytic	<b>Alprazolam, Xanax</b>	1 tablet 3x/day as needed	40 x .5mg	
Anti-cancer topical	Kills small-area skin cancer spots	Efudix	<b>5-Flourouracilo</b>	1-2 application/day for 3-6 weeks	20g tube	Strong reaction expected resembles infection - monitor